

## How XtendOvite Works

XtendOvite works by first killing yeast in the gut and detoxifying the metals in the liver. The liver is the filter for the blood. Xtendovite also helps to strengthen the heart and arteries, and helps to reduce cholesterol build-up getting the blood flowing. Most people see results in as little as six months. You feel better in one year. We suggest you take XtendOvite as long as it makes you feel better.

## How to take XtendOvite

**Tincture:** Shake the bottle well to mix the herbs. Squeeze the eyedropper filling it up to 0.5ml of liquid. Then squeeze the liquid under the tongue. Take three times daily. XtendOvite tincture is made in a grain alcohol solution base. Tincture base is **40% grain Alcohol**. **Do not refrigerate.** *For those with problems with alcohol, Please take XtendOvite in capsule form.*

**Capsules:** The capsules should be taken with food (not on an empty stomach.) Three times a day, or 1 with breakfast and 2 with supper or vice versa.  
**Veggie Caps**

## Interactions with XtendOvite Use

XtendOvite is made from herbs, which generally do not have side effects. The homeopathic dosage in Xtendovite's seven herbal combination is unlikely to cause any interactions with your current medications.

Consult your doctor, as you should when taking any vitamin or herbal supplements. It is advised to inform your doctor about all supplements prior to any operations.

## A Message from Don Wiskin

Within four years I lost 2 brothers and my parents to a heart-related disease. Then I suffered a massive heart attack in 1998. I did nothing, like call 911 as I should have. I waited almost an hour for my wife to come home from work before going to the hospital. When we got to the hospital, I went in while my wife parked the car, I told the lady at the desk I was having a heart attack and headed toward the emergency room. A doctor was just coming out as my chest pain increased; she helped to a bed and started doing things to me. I passed out. The doctors who examined me, told my wife to go home and prepare for the worst. They did not expect me to survive the night. Modern medicine saved my life that day. I had lost 35% of my heart to damaged tissue and had a 95% blockage. I was told I would be on disability for the rest of my life. I just turned 43. A few months later, I found out about a garlic and cayenne mix that helped other people. Since I liked the idea of something natural, I bought some. Seven months later I felt a poking pain in my chest not a squeezing pain. I went to my doctor and had to beg to get some tests done. They could not find the damaged heart tissue or any blockages. My doctor gave me a copy of my medical records and told me "No one would believe you had a heart attack. You're in 110% better shape than the average man your age and to get out of her office."

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## Extend Your Life With XtendOvite



## Capsules & Tincture

Combination of Traditional Herbal  
Medicine to Help:

- Maintain Good Cholesterol
- Maintain Circulation
- Support liver function
- Improve absentmindedness

**Gain better energy,  
Vitality and quality of life.**

### Ingredients

**Garlic, Cayenne, Hawthorn, Bilberry,  
Ginkgo Biloba, Valerian & Milk thistle**

**XtendOvite products are not intended to  
diagnose, treat, cure or prevent any disease.**

## XtendOvite's Herbs

**Hawthorn:** Hawthorn berries have been used since the middle ages to support the heart and normalize cardiovascular functions. Today hawthorn berries are one of the most valuable medicinal herbs used in the treatment of congestive heart failure and circulatory disorders. European studies have shown that this botanical increases blood flow to the heart and brain. Protects the heart from irregular beats, enhances the strength of the heart's contractions and mildly lowers blood pressure. Compounds in hawthorn can help protect the heart against oxygen deprivation, a condition that often leads to angina.

**Cayenne:** Cayenne pepper has been used for both food and medicine for the past 9,000 years or more. Cayenne pepper may help to stimulate circulation and help reduce acidity. Cayenne encourages fibrinolytic activity that may help to prevent blood clots. The capsaicin in cayenne pepper may help to clear artery-narrowing lipid deposits. It may also help dilate arteries and blood vessels. It's a powerful, spicy little peppers that offer's many health benefits.

**Garlic:** Garlic has been used all over the world for thousands of years for a wide range of conditions. It has been prized since the first records of civilization for its uses in treating wounds, infections, tumors and intestinal parasites. Modern scientists in numerous clinical trials have concluded that Garlic lowers cholesterol, lowers blood pressure, thins the blood (which reduces your risk of heart attack and stroke) and fights bacteria like an antibiotic.

**Bilberry:** Bilberry is also used in connection with vascular and blood disorders. It shows

positive effects when treating varicose veins, thrombosis, and angina. Bilberry's fruit contains flavonoids and anthocyanin, which serve to prevent capillary fragility, thin the blood, and stimulates the release of vasodilators. Anthocyanin, a natural antioxidant, also lowers blood pressure, reduces clotting and improves blood supply to the nervous system. Bilberry also contains glucoquinine that has the ability to lower blood sugar.

**Valerian:** Traditionally has been used for relief of sleeplessness, nervousness & edginess. Usually resulting from overwork and stress and leading to chronic fatigue. Working together with the other ingredients, Valerian provides a calming effect allowing the other XtendOvite herbs to work more effectively.

**Ginkgo Biloba:** Ginkgo may help to counteract the effect of aging, including mental fatigue and lack of energy. Ginkgo works by increasing blood flow to the brain and throughout the body's network of blood vessels that supply blood and oxygen to the organ systems. It increases metabolism efficiency, regulates neurotransmitters and boosts oxygen levels in the brain which uses 20% of the body's oxygen. Benefits of enhanced circulation in the brain include improved short and long term memory, increased reaction time and improved mental clarity.

**Milk Thistle:** By far the most suggested herb for liver health. In fact, this herb has gotten so much attention in the health food world . Siymarin, which is the active component in milk thistle, has anti-fibrotic, anti-viral, antioxidant and anti-inflammatory properties (which explains its fame). Milk thistle protects the liver cells from damage which can be caused by viruses, toxins, alcohol and drugs such as acetaminophen

## Testimonials

We are the wealthiest society in the history of the Universe. We have thousands of times more wealth in our culture than our ancestors did, even a few hundred years ago. Amongst all this wealth is an immense amount of ill health problems. An article in the Journal of American Medical Association said that 50 percent of North Americans have chronic health problems. It seems unreasonable with the wealth we really have. Obviously, we have miss used it in some way.  
Quote by Dr J M

"I bought Xtendovite to try it out, my cholesterol has been quite high and my doctor was concern with my last test. I was on my 3<sup>rd</sup> bottle of capsules (5 months) when it was time for blood work again. When my doctor got the results, he asked if I changed my diet, I said no. He said I had the cholesterol levels of a teenager, my numbers had not been that low in years. I am going to stay on XtendOvite to see what else happens." C S

"Probably my only review. At age 40 I was getting bad heart throb and left arm pain mainly before bed. After 1 day of taking these capsules, my pain was gone and hasn't returned in 3 years. I have ordered this 13 times I just saw as I just ordered another." John H.

"I have seen an IMPROVEMENT in both my Blood Pressure and my last Blood work showed a very good improvement as well, prompting my Doctor to ask, "Are you doing anything special?" I said "Nothing except taking this product called Xtendovite!" So now my Doctor is watching to see how this all continues to work out... My Doctor just LOVES the results I'm getting taking the "Xtendovite"!!!! He said, "Keep on doing what you're doing!" M B